

The following adult therapy group requires an assessment with a Behavioral Health therapist prior to joining. Please call (952) 967-7992 to set up an initial assessment to help you determine the treatment plan that would best meet your needs.

Live Each Day

This is an ongoing group serving adult clients struggling with chronic mental illness. Group members meet weekly with the focus on developing and maintaining coping skills to manage their illness effectively.

Mondays, 10:30 am - Noon
HealthPartners West Clinic
5100 Gamble Drive, Suite 100
St. Louis Park, MN 55416
Peg Breslin, MA, LP