

Jon M. Cooper, MD

Orthopaedic Surgeon



"Having worked with athletes from the professional to recreational levels, I feel I bring an individual, focused approach to returning patients to their activities through both surgical and non surgical options. Whether and injury was sustain on the field or just in every day life, my goal is to help return the patient to their individual activity level. My surgical practice is centered around arthroscopy with special interests including knee ligament reconstructions, cartilage injury, shoulder instability, rotator cuff tears and hip arthroscopy.

- Jon M cooper, M.D.

Education and training

Medical School: Kirksville College of Osteopathic Medicine 2000

Internship: Genesys Regional Medical Center 2001

Residency in Orthopaedic Surgery: Genesys Regional Medical Center 2005

Fellowship in Orthopaedic Surgery: TRIA Orthopaedic Center 2006

Licensed

State of Minnesota

Memberships

American Orthopaedic Society for Sports Medicine

Arthroscopy Association of North America

American Academy of Orthopaedic Surgeons

American Osteopathic Academy of Orthopedics

American Osteopathic Associations

Personal

I enjoy being out on the lake whether that be fishing or just enjoying a Minnesota summer day. I also like skiing of all varieties and continue to run for general fitness. As a former collegiate runner and now a recreational runner, I know how an active lifestyle can enhance one's quality of life.