

REGIONS HOSPITAL'S  
Health and Wellness Program  
Serving Deaf and Hard of Hearing Individuals  
welcomes  
**Irene W. Leigh, Ph.D.**

**"What's in the Label? The Meanings of  
Deaf/Hard-of-Hearing Identities"**

**When:** FRIDAY, April 25, 2008 - 8:15 am - 4:15 pm  
(Please come early to enjoy breakfast!)

**Where:** University of Minnesota Continuing Education Center  
1890 Buford Avenue, St. Paul, Minnesota 55108  
(On the U of MN - St. Paul campus)

**Cost:** \$55.00

**Parking:** \$5.00 (Please pay at the parking lot. Do NOT include in registration fee.)

**Schedule:** 7:45 am - Continental breakfast and registration  
8:15 Announcements  
8:30- 12:00 Workshop (one break at 10 am)  
12:00 - 1:15 - Buffet Lunch (included) and Networking  
1:15 - 4:00 Workshop (continued) (one break at 2:45)  
4:00 - 4:15 Questions - Evaluations - Adjournment

**Targeted Participants**

This workshop is geared for psychologists, physicians, mental/occupational/physical therapists, teachers, consumers, interpreters, social workers, vocational counselors, and other human service workers working with deaf, hard of hearing, late-deafened, deafblind and/or hearing people in a broad variety of settings.  
*Newcomers always welcomed!*

**Irene Leigh, Ph.D.**, received her B.S. degree from Northwestern University, graduating with highest honors. She went on to complete a Master's degree in Rehabilitation Counseling, a Master's degree in Psychology and a Ph.D. in Clinical Psychology from New York University. Dr. Leigh has been a Professor at Gallaudet University since 1992 in the Department of Psychology. Formerly she was with the Lexington Center for Mental Health Services where she served as first as a Psychologist and then as its Assistant Director. Early in her career she worked for the Lexington School for the Deaf as an English teacher and as a counselor/therapist. She is licensed in two states and in the District of Columbia and holds several professional memberships. Dr. Leigh has been active in the academic world for many years in the above capacities and as a clinical supervisor, board member, editor, consultant and therapist in private practice. She has a wealth of experience both clinically and in numerous research endeavors. She is a widely published author of more than 50 journal articles, books and manuscripts. She has more than 190

presentations to her credit on a myriad of topics related to issues within the Deaf and Hard-of-Hearing community including identity and cultural issues, ethics, depression assessment tools, parenting, self-esteem and cochlear implants.

### **Workshop Focus**

Identity is hot! There has been an explosion of academic and mainstream publications on the topic due to the increasing multicultural nature of American society. Deaf culture has become an increasingly popular concept related to identity. This has facilitated interest in exploring what it means to label oneself, be labeled, or identify as Deaf, deaf, oral deaf, hard of hearing, hearing impaired, late deafened, deaf-blind, Deaf-blind, bicultural, person with hearing loss, person with cochlear implant, ... you name it! Some individuals easily connect with one or more of these identity labels. Others struggle to understand who and what they are in terms of these identities.

This workshop will provide an opportunity to consider the contexts and meanings of multiple and specific identity labels with attention to Deaf/deaf/hard-of-hearing/hearing dimensions. To broaden understanding, Dr. Leigh will discuss whether there is a core D/deaf identity, present varied definitions of deaf identity-related categories, and outline theoretical foundations and research findings related to the development of these categories. She will also discuss the contexts that give rise to these various identities and cover how other identities such as ethnicity and sexual orientation interface with deaf identities. The ways in which psychotherapy can highlight identity issues will be considered. Additionally, the implications of technology and genetics for identity evolution will be addressed. There will be ample opportunity for audience discussion.

### **Learning objectives:**

Workshop participants will:

1. Be able to clearly explain the different deaf identity-related categories.
2. Be able to summarize the major theories covering deaf identity development.
3. Be able to explain how deaf identities intersect with other identities such as ethnic identities.
4. Gain understanding of how conflicts related to internalizing specific identities emerge and get resolved.

### **Continuing Education credits (CEU's) will be awarded in:**

- Psychology
- RID CMP / ACET
- Social work

(Number of CEU hours yet to be determined)

Certificates will be made available at the end of the afternoon session.



**For more information** about other services, please visit the Health and Wellness Program's web page. You may find us by going to: [www.regionshospital.com](http://www.regionshospital.com) and then clicking on "specialty services" and either look down the list till you see our name or go directly to the "behavioral health" section.

### **Accommodations provided:**

Computer Assisted Real-time Captioning (CART), a loop amplification system, and ASL interpretation as needed. Please request any additional accommodations or special interpretation needs by **APRIL 14<sup>TH</sup>**.

### **Sponsorship:**

This workshop is made possible through a Minnesota Department of Human Services Deaf and Hard of Hearing Services Division grant awarded to Regions Hospital's Health and Wellness Program. This year's workshop is also supported in part through donations by Volunteers of America, The Greater Minnesota Assessment Service, Regions Hospital, HealthPartners, the CATIE Center (Collaborative for the Advancement of Teaching Interpreting Excellence) at the College of St. Catherine, and the Minnesota Department of Human Services Deaf and Hard of Hearing Services Division. ([www.dhhsd.org](http://www.dhhsd.org)).

**For questions or more information about this workshop contact Kristen Swan at: 651/254-2742 V, 651/254-1888 TTY, or toll free at 1-888-322-2354, or through Email at: [Kristen.L.Swan@healthpartners.com](mailto:Kristen.L.Swan@healthpartners.com)**

**2008 HWP SPRING WORKSHOP REGISTRATION FORM**

**"What's in the Label? The Meanings of Deaf/Hard-of-Hearing Identities"**

**Dr. Irene Leigh**

**April 25, 2008**

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Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Agency/Affiliation \_\_\_\_\_

Phone(s) \_\_\_\_\_

Email(s) \_\_\_\_\_

Other accessibility needs \_\_\_\_\_

(Deadline for requesting special accessibility needs is April 14th.)

Lunch preference: regular \_\_\_\_\_ vegetarian \_\_\_\_\_

How did you hear about this conference? \_\_\_\_\_

Is this your first workshop with us? Yes No

If "yes", would you like to learn more about working with Hard of Hearing or Deaf People? Yes No

If you aren't on our mailing list, would you like to be? Yes No

**REGISTRATION IS LIMITED and is on a first-come-first-serve basis! Register EARLY! Deadline: Friday, April 18<sup>th</sup>, 2008**

Mail registration form and \$55.00 check or money order to: HWP-Regions Hospital, ATT: Kristen Swan, Mail Stop 11302C, 640 Jackson St., St. Paul, Minnesota 55101. Please DO NOT include the parking fee. The \$5.00 parking fee must be paid at the lot the day of the workshop. Please feel free to copy this information and share it with your colleagues. *I am sorry that we can't accept credit card or on-line payment.*