

Complementary Care Therapies Volunteer Information

Thank you for your interest in volunteering with the Complementary Care Therapies Program! We welcome the following to join our volunteer program at Regions hospital:

Healing Touch practitioners (level III or higher)
Reiki practitioners (level II or higher)
Massage therapists (currently licensed in the City of St. Paul)

As a volunteer with Complementary Care Therapies, you will:

- Enhance patient-centered care here at Regions Hospital by providing Reiki, Healing Touch, or massage therapy for patients in their hospital rooms.
- Be able to create a schedule that works for you. Due to high training requirements, we respectfully ask for a minimum time commitment of two hours, two times a month for at least one year.
- Receive a \$6.00 meal ticket for our cafe and free parking for every volunteer visit.

In order to keep our patients, guests, volunteers, and staff safe in this sensitive setting, we require all volunteers to complete the following steps before beginning their volunteer work:

- Complete an online volunteer application found at www.regionshospital.com/rh/volunteers.
- Complete an initial interview with the CCT volunteer coordinator. Once your application is received, you will be put in contact with the CCT volunteer coordinator to schedule your interview.
- Provide the following documentation:
 - Copy of most recent/highest level of training and certification
 - Current resume
 - Volunteer Services Reference Form (1) and Self Reference Form (1).
 Forms can be found at <u>www.regionshospital.com/rh/volunteers</u>

<u>Upon acceptance to volunteer program, volunteers will complete an onboarding process which includes:</u>

- Health screening with Employee Health & Wellness, including TST (tuberculosis) screening
- Review of hospital procedures and policies
- Completion of a Minnesota Department of Human Services background check
- Completion of onboarding paperwork
- Purchase of a \$10.00 volunteer polo shirt
- Additional orientation to the CCT volunteer program (8-12 hours) that will cover working within the
 hospital environment, patient charting, and communication expectations with patients and staff. This
 orientation typically takes place over the course of three to four weeks, and is mandatory.

Thank you for considering being part of our team!