Support Pillows for Cancer Patients

A special way of giving to others, these pillows are provided to breast cancer patients who have had surgery and can also be helpful for cancer patients who are bothered by their medication ports. These pillows provide comfort when placed under the seatbelt or under the arm when sleeping.

Donations can be dropped off at Regions Hospital Volunteer Services, room C2400.

Directions for Pillows

Pillow:

Use soft, lightweight, flannel material (NOT fleece)
Cut a piece 16" by 11" or (2 pieces - 8"x 11"), all seams are ¼”

Fold material to make an 8" x 11" piece or put 2 pieces together
Sew the edges (1/4" seam) - leaving one short side for stuffing.
Turn inside out and use steam iron to make edges flat.
After stuffing the pillow turn the edges inward where you stuffed the pillow and sew with a ¼” seam (so no frayed edges are present).

Stuffing:

Do not overfill -- pillow should not be more than about 2 1/2" in height when you finish stuffing. Shift stuffing so there are no lumps.

Turn the edges inward where you stuffed the pillow and sew with a ¼” seam (so no frayed edges are present.