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**Cardiology**

The Regions Hospital Heart Center team excels at not just common cardiac surgeries, but also more complex procedures like surgical treatments for adult congenital heart disease, techniques for evaluating thoracic aorta pathology and new ways to treat atrial fibrillation.

**TAVR**

Regions Hospital is offering transcatheter aortic valve replacement (TAVR) for appropriate patients with aortic valve stenosis who are high risk candidates for open surgery or not surgical candidates to replace their natural aortic valve.

We are proud to have been one of the first sites in the U.S. to receive the commercial valve after FDA approval. The procedure resembles a balloon angioplasty, in which a catheter is threaded through an artery and a balloon device on the end inflates to help open up a narrowing in an artery in the heart. In the case of TAVR, the replacement valve collapses to a very small diameter and is cramped onto the balloon device. The replacement valve is positioned inside the patient’s natural aortic valve and inflated by a balloon. This causes the replacement valve to expand, pushing the faulty valve aside. The replacement valve begins to function as soon as the balloon catheter deflates to permit the flow of blood.

Patients usually enjoy immediate benefit from the procedure in terms of improved blood circulation. Because the replacement valve is placed using minimally invasive techniques, patients usually experience a much more rapid recovery than they would from a traditional, open-heart valve.

**Cardio-oncology**

Advances in detection and treatment have resulted in patients with cancer living longer lives than ever before. However, one of the unintended consequences of this progress is an increase in the risk of heart disease. Some chemotherapy agents, as well as chest radiation, can occasionally cause damage to the heart muscle, coronary arteries, valves, etc. Using blood tests and sophisticated imaging techniques, the cardiologists at Regions Heart Center, in collaboration with the oncologists, have developed a program to prevent, detect and treat these consequences and improve the quality of life of cancer survivors. Please contact the Heart Center at 651-254-4887 with any questions.
Recognition

Regions surgeon receives prestigious honor

David Dries, MD, assistant medical director for surgery in HealthPartners Medical Group, has received the highest honor bestowed by the world’s leading organization of critical care physicians. Dr. Dries was designated a Master of Critical Care Medicine (MCCM) by the Society of Critical Care Medicine (SCCM). Since its founding in 1970, the Society has conferred the designation of Master on only 53 individuals.

Cancer Care Center earns QOPI certification

HealthPartners Cancer Care Center at Regions Hospital has received Quality Oncology Practice Initiative (QOPI®) certification from the American Society of Clinical Oncology. The three-year accreditation is for programs that meet the highest standards for quality cancer care. There are only four QOPI-certified programs in Minnesota.

Important certification for Stroke Center

Regions is the first hospital in Minnesota to be certified by the Joint Commission as a Comprehensive Stroke Center. The designation means the Stroke Center is equipped to care for the sickest stroke patients. Regions is one of only three hospitals in the five-state area to earn the designation from the Joint Commission.

Regions named among top five percent in nation

Healthgrades has given Regions a 2014 Distinguished Hospital Award for Clinical Excellence. The award is given to hospitals among the top 5 percent in the nation with the lowest risk-adjusted mortality and complication rates across 27 common conditions and procedures.

An ‘A’ Grade from Leapfrog

For the fifth consecutive year, Regions received a “Grade A” for patient safety from the Leapfrog Group. That’s in addition to Leapfrog’s Top Hospital award in its most recent hospital survey.
50 years of quality care for Regions Burn Center

The Burn Center at Regions Hospital has been in existence since 1963, providing care for burns, frostbite, exfoliative skin disorders and complex wounds. The Burn Center is an acute care facility that has 18 beds and cares for both adult and pediatric patients. We are led by a team of surgeons, Dr. David Ahrenholz, Dr. William Mohr and Dr. Frederick Endorf, with a combined 48 years of burn experience.

After the American College of Surgeons Committee on Trauma and the American Burn Association created a verification process for burn centers in 1995, the Regions Hospital Burn Center was one of the original eight to pass the rigorous process. We have been able to maintain continuous verification since then, which is extremely rare for burn centers across the country, and completed our seventh re-verification process earlier this year.

The Burn Center is a national leader in burn care and research and its surgeons are available for consultation and transfer 24/7. They can be reached at 1-800-922-BURN (2876).

Regions Direct

Regions Direct is a physician service designed to help clinic providers admit patients directly to Regions Hospital and reduce the number of calls a physician has to make.

There’s only one number you need to know at Regions for:

- Critical care admits, including trauma, cardiac, stroke, burn and OB patients
- Non-urgent direct admits with immediate patient acceptance, and a Regions Hospital MD call back within minutes
- Immediate medical consultation

The number: 1-888-588-9855 or 651-254-2000