

# Save money on your health and wellness

Want to save money while doing something great for your health? Get special discounts just for being a HealthPartners member! Save on health club memberships and at popular retailers.

## Frequent Fitness

Work out 12 times or more in a month and you'll save \$20 each month on your health club membership. Our Frequent Fitness program is convenient, with more than 7,000 participating locations nationwide, so you can find a gym close to your home or work.

Participating health clubs include:

- Anytime Fitness
- Curves
- LA Fitness
- Life Time Fitness
- Snap Fitness
- YMCA and YWCA
- Local community centers and many more!

For a list of participating companies and details on discounts, go to [healthpartners.com/discounts](http://healthpartners.com/discounts).

## GlobalFit

With GlobalFit, you save up to 60 percent on new member club fees and monthly dues when you sign up through their website. Plus, you can get discounts on home exercise equipment, online weight loss programs, and more. Check online for a list of current participating clubs and exercise centers.

## Retail Savings

Use your HealthPartners Member ID card to get discounts at more than 40 popular local and national retailers of health and wellness products and services. Participating retailers include:

- Eyewear
- Fitness and wellness classes
- Healthy eating programs and delivery services
- Recreational equipment
- Spa services
- Swim lessons
- And more!

## How do I get retail discounts?

Simply show your HealthPartners Member ID card at participating companies and save. For a list of the latest discounts, go to [healthpartners.com/discounts](http://healthpartners.com/discounts).



I lost 35 pounds, lowered my blood sugar levels and was able to stop taking medicine for high blood pressure. I'm happy about the way my life is right now!

Frequent Fitness program is limited to members, age 18 years or older, of HealthPartners senior or individual medical plans and members of participating employer groups. Some restrictions apply. Termination of HealthPartners coverage or termination of club membership results in forfeiture of any unpaid incentive. See participating club locations for program details. GlobalFit is limited to immediate family members, including spouse and dependent children under the age of 23 in school or living at home. Limit of one family membership per household. Some restrictions apply. See [globalfit.com](http://globalfit.com) for program details. HealthPartners reserves the right to modify or discontinue its discount programs at any time.

The HealthPartners family of health plans are underwritten and/or administered by HealthPartners, Inc., Group Health, Inc., HealthPartners Insurance Company or HealthPartners Administrators, Inc. Fully insured Wisconsin plans are underwritten by HealthPartners Insurance Company. 470044 (06/10) © 2010 HealthPartners

