

# About Regions Hospital



Established in 1872, Regions Hospital is a private, not-for-profit organization. The hospital provides health care services in St. Paul and its surrounding communities, as well as for patients from throughout Minnesota, western Wisconsin and other Midwestern states.

## Part of HealthPartners

Regions Hospital is part of HealthPartners, the largest consumer-governed, non-profit health care organization in the nation. HealthPartners serves more than 1.5 million medical and dental members nationwide. Since the combination with Park Nicollet Health Services in 2013, HealthPartners care system includes 1,700 physicians, seven hospitals, 55 primary care clinics, 22 urgent care locations and numerous specialty practices in Minnesota and western Wisconsin. As a private, nonprofit teaching hospital, Regions Hospital provides outstanding care in neuroscience, heart surgery, cardiology, oncology, emergency care, burn care, orthopedic care, mental illness and more. Regions is the largest private employer in St. Paul.

## Level I Trauma Center for adults and children

Regions is one of only three hospitals in Minnesota that is verified as a Level I Trauma Center for both adults and for children with the expertise and technology to treat the most serious injuries 24/7. Through our partnership with Gillette

Children's Specialty Healthcare, we provide the best care possible for critically injured children.

## Nationally recognized burn center

The Burn Center at Regions was one of the first in the nation and today is one of only two burn centers in Minnesota verified by the American Burn Association and the American College of Surgeons.

## Commitment to mental health

Regions is one of the largest providers of mental health care in Minnesota. An eight-story mental health building, which opened in 2012, reflects a new model of care and offers a healing environment with 100 private rooms.

## Largest provider of charity care in east metro

Regions is the second largest provider of charity care in Minnesota. In 2017, Regions provided \$19.6 million in uncompensated services to care for more than 55,000 patients.

## Training future doctors

Regions and HealthPartners Institute for Education and Research partner with the University of Minnesota medical school to train more than 500 resident physicians annually.



## Award-winning care

- First hospital in Minnesota to be certified as a Comprehensive Stroke Center by The Joint Commission.
- Named one of the top-performing hospitals in the nation for heart attack, heart failure, pneumonia and surgical care by The Joint Commission.
- Recipient of Minnesota Hospital Association 2017 Best Minnesota Hospital Workplace Award (Large Hospital category).
- Recipient of Minnesota Hospital Association 2017 Community Benefit Award.
- Healthgrades five-star recipient for Treatment of Stroke for 7 years in a row (2011-2017)
- Named one of America's 50 Best Hospitals for 2016 and 2017 by Healthgrades.
- Regions Hospital is the sixth Minnesota hospital to be recognized for having a Baby-Friendly Birth Center by the World Health Organization and the United Nations Children's Fund.
- Regions is the first academic medical center, and fourth hospital overall, to qualify as an Emergency Center of Excellence.

## Specialized services

From allergy to vascular surgery, Regions Hospital has top specialists in more than 50 areas of medicine. Our specialties include:

**The Birth Center** has obstetricians with advanced training for complex deliveries, one of the state's largest certified nurse midwife groups, certified lactation consultants and birth options such as water births for low-risk deliveries.

**The Breast Health Center** has imaging including 2D and 3D digital mammography, diagnostic testing, surgery, chemotherapy, radiation and hormone therapy and support services from nutritionists, psychotherapists and social workers.

**The Cancer Care Center** offers treatment and services including genetic counseling, surgery, chemotherapy, radiation, neurological oncology, palliative care and complementary care.

**Capitol View Transitional Care Center** offers short-term rehabilitation after hospitalization and is located in Regions Hospital.

**The Digestive Care Center** provides inpatient and urgent care diagnoses and treatment for gastrointestinal and pulmonary system disorders. Other care for digestive disorders is provided at HealthPartners Specialty Center.

**The Heart Center** is recognized as one of the nation's top-performing hospitals for heart care by The Joint Commission. Services include cardiac imaging, rehabilitation, research, surgery and women's heart health care.

**Neurosurgery** treats spinal cord injuries, brain tumors, traumatic brain injuries, aneurysms and other neurological conditions. Regions has one of the largest programs in the upper Midwest for deep brain stimulation (DBS) for Parkinson's disease and epilepsy.

**Orthopedics** provides surgical and non-surgical treatment with specialized programs for orthopedic trauma, joint replacement and treatment of fractures.

**Palliative Care** relieves pain, symptoms and stress at all stages of a serious or advanced illness. Regions was among the first in the nation to receive Advance Certification for Palliative Care from The Joint Commission.

**Radiation Therapy** offers comprehensive consultation and radiation treatments for inpatients and outpatients.

**Rehabilitation** provides inpatient and outpatient programs for occupational, physical, speech, aquatic and hand therapy.

REGIONS BY THE NUMBERS	2017	10 YRS AGO
Licensed beds	454	443
Available beds	443	426
Admissions	27,074	24,507
Average length of stay (days)	5.0	4.8
Patient days	135,163	117,674
Average daily census	370	322
Percentage occupancy	87.6	75.9
Emergency Center visits	87,435	66,832
Newborn deliveries	2,369	2,454
Clinic procedures	56,201	35,252
The Surgery Center cases	14,740	10,929
HealthPartners Same Day Surgery Center cases	10,478	6,794
Radiological procedures	223,499	267,369
Full-time equivalents (FTEs)	4,083	3,386
Volunteer hours	42,793	58,277
Physicians with privileges	897	907
Resident physicians (2016-17 academic year)	142	127
Revenues (thousands)	\$785,769	492,691
Expenses (thousands)	\$741,742	488,580

*\*Data is historical and subject to change.*

## MISSION

Our mission is to improve health and well-being in partnership with our members, patients and community.

## VISION

Health as it could be, affordability as it must be, through relationships built on trust and service for all.

## Regions Hospital

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